

# PEOPLE TO RING IN ROCHDALE IF YOU NEED HELP



GREATER MANCHESTER  
**POLICE**



**Police stations where you can go and speak to a police officer**



Rochdale Police Station  
The Holme, The Esplanade,  
Rochdale  
OL16 1AG

☎ Non Emergency 101  
☎ Emergency 999

Open 24 hours a day, every day



Middleton Police Station  
Oldham Road,  
Middleton  
M24 1A7

☎ Non Emergency 101  
☎ Emergency 999

Open Mon - Sat  
9am - 5pm



**Hate Crime Reporting Centres - there are people who work at these places who you can speak to about disability hate crime**



Rochdale Metropolitan  
Borough Council  
Number One Riverside  
Smith Street  
Rochdale  
OL16 1YH

From March 11th  
☎ 01706 924346

Mon - Fri  
9am - 5pm



Rochdale & District Mind  
The Mind Wellbeing Centre  
3 to 11 Drake Street  
Rochdale  
OL16 1RE  
☎ 01706 752 333

Mon - Fri  
9am - 5pm



**Hate Crime Reporting Centres - there are people who work at these places who you can speak to about disability hate crime**



**Rochdale & District Disability  
Action Group**  
Partnership House  
Sparrow Hill  
Rochdale Lancashire  
OL16 1QT  
☎ 01706 631291

Mon - Fri  
9am - 5pm



**Carers Resource Centre**  
Newbold Buildings,  
35-37 Oldham Road  
Rochdale Lancashire  
OL16 5QJ  
☎ 01706 925808

Mon - Fri  
9am - 5pm





# ADVICE LINES



Mencap Direct

☎ 0808 808 1111

Mon - Fri

9am to 5pm



This is an advice and information service for people with a learning disability and their families



Stop Learning Disability Hate  
Crime Helpline

☎ 0808 802 1155

A dedicated helpline for people to talk about, get support or report learning disability hate crime.

The helpline is open all day, every day of the year



Breakthrough UK

☎ 0161 273 5412

Website:

[www.breakthrough-uk.co.uk](http://www.breakthrough-uk.co.uk)

Email:

[admin@breakthrough-uk.co.uk](mailto:admin@breakthrough-uk.co.uk)

Independent Living Support for  
Disabled People