

Our ref: 01/FOI/24/012284/H

Please quote our reference
number when responding

Wednesday, 10 April 2024

FREEDOM OF INFORMATION REQUEST REFERENCE NO: 01/FOI/24/012284/H

I write in connection with your request for information dated 08/03/2024, I note you seek access to the following information:

1. Does your force make information and guidance about personal resilience freely available to officers and staff? YES/NO

If YES - then please give examples (e.g. websites, intranet, Wellbeing Services)

2. Does your force provide officers and staff with specific training on personal resilience? YES/NO

If YES -then please give examples.

If NO - is it covered in wider wellbeing training?

Is your Force intending to in the future?

3. Does your Force have a dedicated Staff Wellbeing Team/Service? YES/NO

If YES -please give brief details

If NO - Then what wellbeing provision is currently available?

4. Does your Force have a dedicated staff wellbeing intranet site/website? YES/NO

If YES -please give brief details

If NO - Then what wellbeing provision is currently available?

Result of Searches

Following receipt of your request searches were conducted within Greater Manchester Police to locate information relevant to your request. Please see answers to your request below.

1. Yes. GMP has a wellbeing section on the intranet system and signposting support leaflets in buildings. Our EAP has a wellbeing app which is available to all free of charge as well as access to their 24/7/365 helpline.

2. Yes. Wellbeing inputs on stress awareness, trauma and resilience are available via the wellbeing team. All students, newly promoted sergeants and trainee detectives receive a wellbeing input from the team.
3. Yes. GMP has a central wellbeing team who are supported to raise awareness on districts and in branches by a dedicated wellbeing single point of contact locally.
4. Yes. This includes awareness information as well as signposting support options.