



Date: 13/12/2024
Our ref: 01/FOI/24/013751/R

FREEDOM OF INFORMATION REQUEST REFERENCE NO: 01/FOI/24/013751/R

I write in connection with your request for information dated 29/11/2024, received by Greater Manchester Police (GMP) for the following information:

- 1. A copy of joining instructions sent to Officers for PST training (also known as self-defence). To be clear, I only require the generic joining instructions as one copy, I do not require every date, venue, just the generic part about what to bring.*
- 2. Whether there is a requirement to bring body armour to PST.*
- 3. If such a requirement is in place to bring body armour, when was it put in place?*
- 4. A copy of joining instructions which would have been sent out in 2020 and 2021, to be clear, I only require the generic joining instructions, I do not require every date, venue, just the generic part about what to bring.*

Result of Searches

Following receipt of your request searches were conducted within Greater Manchester Police (GMP) to locate information relevant to your request. I can confirm that some of the information you have requested is held by GMP. However, I am not obliged to supply you with all of the information as an exemption applies.

Section 17 of the Freedom of Information Act 2000 requires Greater Manchester Police, when refusing to provide such information (because this information is exempt) to provide you, the applicant, with a notice which: (a) states that fact, (b) specifies the exemption in question and (c) states (if that would not otherwise be apparent) why the exemption applies. The information you have requested is exempt from disclosure by virtue of the following exemption: **Section 40(2) – Personal Information.**

Where redactions occur in the below joining instructions, this represents information that identifies a living individual, to disclose this information would breach the principles of the GDPR and the Data Protection Act 2018. Personal data is defined by Article 4 of the GDPR and Part 1 of the Data Protection Act 2018 and means any information relating to an identified or identifiable natural person ('data subject'). An identified natural person is one who can be identified directly or indirectly from that data.

The following is the Equipment/Uniform section of the joining instructions, which I trust answers questions 1 and 2 of your request.

Equipment / Uniform

Please comply with the following instructions which are specific to this course.

1	Suitable Trainers - no shoes.
2	Personal training clothing such as tracksuit bottoms / knee length shorts / leggings / t shirt / jumper - clothing that is consistent with the GMP Uniform Policy and appropriate to the training – no crop tops /low cut tops or cycling shorts
3	Police Officers: - You MUST attend with your warrant card and ALL your work related equipment and pouches (i.e. BODY ARMOUR / BELT/ TAC Vest/ PAVA POUCH / HANDCUFFS /HANDCUFF HOLDER/ BATON/ BATON HOLDER and LIMB RESTRAINTS) You must also bring your operational uniform including radio, high vis and hat in the unlikely event of being called out to an incident.
4	This is a physical course therefore please bring sufficient drink for you to have throughout the day. There is a food preparation area with hot water/microwaves and a fridge. A fridge is also provided for storage of breast milk should this be required.
5	The JRFT will be ran at the start of the course only. Any concerns around the JRFT you can book in for a JRFT pass prior to the course by contacting [REDACTED] at least 5 days prior to your course. There is also support to be found on the GMP intranet.
6	Upon attending this course, you will be asked to sign if you are fit to train. The trainers are NOT medically qualified to advise so please do not expect that from them and will only follow medical guidance provided by the Force Occupational health unit.
8	Please park in the car park at the rear of the venue. If there is insufficient space there is overflow parking at the front of the venue directly opposite the training staffs car park.

Please note that copies of joining instructions for historic courses are not kept, so Greater Manchester Police hold no information in relation to questions 3 and 4 of your request.