

Date: 23rd January 2026
Our ref: FOI/26/016102/W

FREEDOM OF INFORMATION REQUEST REFERENCE NO: FOI/26/016102/W

I write in connection with your request for information dated 05/01/2026, received by Greater Manchester Police (GMP) for the following information:

Under the Freedom of Information Act (2000) are you able to provide the following:

- 1. Can you provide the total number of days that were lost to police officers taking sick leave between 01/01/2025 and 31/12/2025.***
- 2. Can you provide how many days were lost in sick leave where mental health was cited as a contributing factor between 01/01/2025 and 31/12/2025.***
- 3. Can you provide a breakdown of the previous questions 1 and 2, and categorise them into groups regarding age, gender and rank.***
- 4. Can you provide a list of what support services your force provides for all police officers seeking mental health support.***

Result of Searches

Following receipt of your request searches were conducted within Greater Manchester Police (GMP) to locate the requested information. I can confirm the information requested is held by GMP.

Question 1

Data: The above figure is for all Police Officers and is an estimate of the number of work days after having subtracted assumed non-working days.

Total – 116,498 days

Question 2

Data: The above figure is for all Police Officers and is an estimate of the number of work days after having subtracted assumed non-working days.

Psychological Disorder – 54,778 days

Question 3

Breakdown of question 1

Data: The above figures are for all Police Officers and is an estimate of the number of work days after having subtracted assumed non-working days.

Parameter 1: The age of the individual is based on the age as at 31st December 2025

Parameter 2: The rank of the individual is based on the rank as at 31st December 2025

Gender	Days
Female	50249
Male	66249

Age	Days
19	168
20	981
21	953
22	1004
23	1758
24	1700
25	2366
26	3807
27	4437
28	3937
29	3629
30	2775
31	3364
32	3827
33	3515
34	2874
35	3281
36	2091
37	2365
38	3693
39	2176
40	2978
41	3411
42	3213
43	3007
44	2436

45	4184
46	3670
47	3358
48	3456
49	3879
50	4449
51	4208
52	4325
53	2796
54	4572
55	4422
56	1176
57	681
58	490
59	309
60	341
61	152
62	8
63	278

Rank	Days
Constable	88447
Sergeant	18395
Inspector	7028
Chief Inspector	1879
Superintendent	616
Chief Superintendent	134

Breakdown of question 2

Data: The above figures are for all Police Officers and is an estimate of the number of work days after having subtracted assumed non-working days

Parameter 1: The age of the individual is based on the age as at 31st December 2025

Parameter 2: The rank of the individual is based on the rank as at 31st December 2025

Gender	Days
Female	22353
Male	32425

Age	Days
19	19
20	259
21	354
22	395
23	696

24	501
25	1021
26	1717
27	1996
28	1689
29	1611
30	973
31	1329
32	2081
33	1294
34	1533
35	1456
36	903
37	1086
38	1888
39	934
40	1643
41	1965
42	1860
43	1650
44	1129
45	2057
46	2182
47	1326
48	1565
49	2291
50	2451
51	1773
52	2429
53	1647
54	1879
55	1940
56	552
57	110
58	182
59	244
60	134
61	30
62	4

Rank	Days
Constable	39727
Sergeant	9328

Inspector	4175
Chief Inspector	1397
Superintendent	97
Chief Superintendent	54

Question 4

All support services available within Occupational Health:

- Welfare Officers
- Registered mental health nurses
- Trauma focused therapist
- TRIM Coordinator
- Wellbeing Coordinators
- EAP service via Health Assured
- Visiting Consultant Psychiatrist

Within the force there are also:

- Welfare Officers
- Grief First Aiders
- TRIM assessors
- MH First Aiders
- Code 9 – Men's MH group
- Peer Support networks
- Resilience Coaches
- Wellbeing SPOC's
- High Risk Role Screening programme