

Date: 28th April 2026
Our ref: FOI/26/016764/C

FREEDOM OF INFORMATION REQUEST REFERENCE NO: FOI/26/016764/C

I write in connection with your request for information dated 24/04/2026, received by Greater Manchester Police (GMP) for the following information:

How many officers took sick leave for depression, anxiety, stress or post-traumatic stress between April 2025 and March 2026. By this, I mean where any of the terms depression, anxiety, stress or post-traumatic stress appear in the description of the officer's illness.

I would be grateful if you could send me this information by email.

Result of Searches

Following receipt of your request searches were conducted within Greater Manchester Police (GMP) to locate the requested information. I can confirm the information requested is held by GMP.

Source: Force strength as at 31st March 2026 for the period 01/04/2025 – 31/03/2026.

A headcount of 117 Police Officers took a leave of absence that was attributed to any of the below reasons:

- Nervous system disorders – Anxiety
- Nervous system disorders – Depression
- Nervous system disorders – Other stress
- Nervous system disorders – Post Traumatic Stress

All other mental health / psychological disorders conditions have been excluded as part of the counting process.